

THE EPISTLE

August 20, 2021

Find Hope Here
Sedgefield United Methodist Church

**2830 Dorchester Place
Charlotte, NC 28209**

www.SedgefieldChurch.org

704-523-0077

Rev. Tom Stinson-Wesley, Pastor

Reflections From Pastor Tom



Dear Friends,

This Sunday I will be preaching on Isaiah 55:1-9 and my title will be “The Candy Bar Diet.”

Practically every time I turn on the television there is another add for a diet or fitness program. The internet is filled with articles about body image, body shaming, and body positivity. Additionally, we are flooded with ads about food and drinks so delicious they will (supposedly) change your life.

This passage from Isaiah is about food but not the kind of food we usually discuss. So this week I will talk about food and NOT talk about food simultaneously. Isaiah gets the reader’s attention by talking about food, a subject that interests everyone. Yet he is actually talking about spiritual food, what God provides.

Blessings,
Tom

This Sunday in Worship

August 22, 2021

10:30 a.m.

The Candy Bar Diet

Isaiah 55:1-9

A Look Back

After leading our after-school mentoring program for the past eight years Mary Jo Bridges has resigned from this position. During her time of leadership, Mary Jo has coordinated the mentoring activities of more than 65 students and volunteers. Mary Jo and the volunteers have seen that each child was given homework assistance, received encouragement and, most importantly, shown the love of Jesus.



In looking back, Mary Jo recalls mentoring a non-English speaking kindergartner who, by the end of the school year, had learned to read. Another joy for Mary Jo has been hearing the prayers of the children as they learned to pray in front of others.

We are grateful for Mary Jo's contributions to the after-school program and give thanks for the many ways she has touched the lives of children! Mary Jo will continue in her role as the Director of our ministry with children.

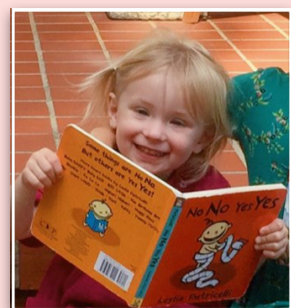


Looking Ahead

The Missions Committee is currently evaluating our involvement with the two schools in the Sedgefield neighborhood. Pastor Tom and representatives from the Missions Committee have recently met with the principals at both Dilworth Elementary-Sedgefield Campus and Sedgefield Middle School. Stay tuned as we continue our partnership with elementary and middle school students.

Children's Ministry News

- ✿ All students and school staff are encouraged to bring their backpacks/book bags on Sunday, August 22. During worship we will have a special time of blessing for the upcoming school year.
- ✿ Sedgefield Church will be offering a First Aid/CPR course on Wednesday, September 1st, at 6:30 p.m. The course will cost \$20.00 if you want certification or FREE if you just want to learn First Aid/CPR. Please text (704- 617-4056) or [email](#) me to register. We are limiting the class to 10 people.
- ✿ A volunteer is needed each week to assist me with JAM. This is needed in order to comply with our Safe Sanctuary policy which requires two adults be present in children's classes. JAM (Jesus and Me) is our children's church program for ages 4-11 and meets at 10:30 on Sunday mornings in Room 202 in the Education Building. If you are able to volunteer one hour, please [click here](#) to sign up.



Blessings!

Mary Jo Bridges

Children's Program Coordinator

704-617-4056

marycbridges@yahoo.com



If 12 additional adults signed up to assist Mary Jo **one time**, we would have sufficient volunteers for 2021.

Goody Bag Delivery

Thanks to the Susanna Wesley Circle for assembling 76 “Back to School Goody Bags” for the staff at Sedgefield Middle School and to the congregation for the donations of snack items. The goody bags were delivered this week in time for the teachers’ arrival back to school.

Blessings!
Mary Jo Bridges



Altar Flowers

The altar flowers on Sunday, August 22 have been given in honor of the 40th anniversary of *Alice & Warren Richards*.



Missions Collection Projects for August



To benefit the men of Rebound we will be collecting disposable razors during the month of August.

Please place your donations in the container located on the front porch. Our goal is **150 packages** of disposable razors.



- Pencils – any kind
- Spiral 1-Subject Notebooks
- Pens – black or blue ink
- Color Pencils
- Markers
- 3 Inch Binder
- Glue Sticks
- Post it Notes (any color)
- Highlighters
- Pencil Pouches
- Loose Leaf Paper
(college or wide rule)

Donations can be brought to the church on Sundays or dropped off Monday - Thursday between 8 a.m. - 1 p.m.

IN CASE YOU MISSED IT

Links to Recent Sermons

July 25, 2021

The Economy of Jesus

Mark 6:35-44

August 1, 2021

What Makes a Church a Church?

Hebrews 10:23-25

August 15, 2021

Fear and Faith

Matthew 14:22-33

Previous sermons can be viewed at
<https://sedgefieldchurch.org/sermons/>

Ways to Give Your Offerings to Sedgefield UMC



Online Through

sedgefieldchurch.org

Make a credit card
or electronic
contribution.



Bank Draft

Set up automatic



Church

Mail your check to:

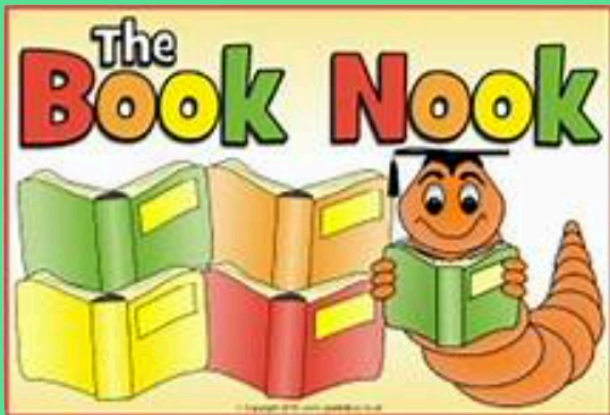
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Online Through

wnccumc.org

Make a credit card
or electronic
contribution.



Check out the Book Nook for gently used books and puzzles. The Book Nook is located in the Fellowship Hall. Proceeds from the sales are given to the scholarship funds.

CALENDAR

► **Blessing of the Backpacks** ◀

Sunday, August 22
10:30 a.m.



Pull Tab Collection

The next drop off date for your recycled pull tabs is Sunday, August 29
Tabs may be left at 2830 Sunset Drive.

► **First Aid/CPR Training** ◀

Wednesday, September 1
6:30 p.m.
Education Building - Room 204



Rev. Tom Stinson-Wesley, Pastor
pastortom@sedgefieldchurch.org



Ron Aldridge
Worship Leader



Mary Jo Bridges
Director of
Children's
Ministry



Bud Davidson
Treasurer



Robin Moore
Nursery Caregiver



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